

# **DAILY BULLETIN: Tuesday, March 19, 2019 (B-day)**

## **GENERAL INFORMATION:**

### **CHOREO SHOW**

PVHS Choreo presents *I Want My PVT* **March 20<sup>th</sup> & 21<sup>st</sup> at 7pm** at the Armstrong Theater. Tickets are \$15.

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### **DESERT THEATER**

Join the Drama Department for an evening of comedy, drama, and musical fun! Our annual Desert Theater takes place this **Thursday, March 21<sup>st</sup> at 7pm in the MPR**. Admission is \$5 and includes all-you-can-eat desserts! Hope to see you there!

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### **ADDRESSING TEENAGE VAPING**

The Southern California Chapter of the American Academy of Pediatrics (AAP-CA2) invites you to El Camino College on **March 21, 2019 at 3 PM** for a community-wide Town Hall addressing Flavored Liquid Vaping Products/E-Cigarettes use in youth. This event is in co-partnership with the County of Los Angeles Public Health Tobacco Control and Prevention Department - Division of Chronic Disease and Injury Prevention. For more information on this event please **see attached**.

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### **LITE NITE BITES**

#### **Come support PEF & PV Jazz Band!**

Holden Dahlerbruch, a student and chef at Peninsula High, is holding a **pop up restaurant** and fundraiser **Saturday, March 23<sup>rd</sup> 7-10pm** at Peninsula to benefit PEF and programs at both high schools. Featuring 5 bites, a PVHS Jazz Band Performance, and a PVPHS Student Art Silent Auction. Tickets are \$25. **See attached flyer** for more information and to purchase tickets.

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#### **Families Connected Youth Wellness Corner**

- Please join us at two big events this month

- Parents and educators — don't miss [Julie Lythcott-Haims](#), renowned author of [How to Raise an Adult](#), on **March 24th and 25th** at Mira Costa! This is a must see.
- Teens and parents — help youth connect with their creativity at this special Families Connected Speaker Series event with [world champion skater, Rodney Mullen](#).
- Read the [March Families Connected e-newsletter](#) for events, resources, parent blogs, and more.
- Visit new and updated Families Connected parent resource pages to help youth
  - Build [healthy friendships](#)
  - Develop a [healthy body image](#)
- To access a variety of parenting topics and resources to help youth thrive, visit our own [VVPUSD Families Connected](#) wellness page.

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## VOLUNTEER OPPORTUNITIES

**-South Bay Wildlife Rehab** is an all-volunteer wildlife rehab and wildlife and environmental education organization, home based on the Hill, that is looking for volunteers to help clean enclosures and do minor repairs. Volunteers must be 16 or older. If interested, please contact Ann Lynch at [SBWildlifeRehab@aol.com](mailto:SBWildlifeRehab@aol.com)

**-Whale of a Day** is a festival celebrating the migration of the Pacific Gray Whale from its summer feeding grounds in Alaska to the winter breeding grounds in Baja California. It is co-sponsored by the City of RPV and the docents of Los Serenos de Point Vicente. The celebration will be held on **Saturday, April 13<sup>th</sup>** at the Point Vicente Interpretive Center (31501 Palos Verdes Drive W). Volunteers are needed for setup, games, crafts, and visitor assistance. **Sign up sheets are located in the ASB room (301)**. For more information contact Dennie Stansell at [den@stansell.com](mailto:den@stansell.com).

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## CAREER CLUB

### **WANTED: PROFESSIONALS TO SHARE THEIR CAREERS WITH PVHS STUDENTS**

The Career Club is planning a third annual "Occupation Exploration" panel discussion on **Thursday, April 11, from 6-8 PM in the CCC**. We would like to introduce career paths beyond the labels of lawyers, doctors, and/or teachers to educate and inspire young people to embrace career paths beyond widely known careers. Please contact Ms. Skylar McVicar at: [skymail2011@yahoo.com](mailto:skymail2011@yahoo.com) for more information.

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## PTSA ELECTION

It's that time of year! Please [see the attached straw ballot](#) for the 2019-2020 PTSA Executive Board. The PVHS PTSA election will take place on **March 26th** at the PVHS PTSA General Meeting. Questions? Email Cathy Fresch at [queenbee98@cox.net](mailto:queenbee98@cox.net)

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## **PTSA**

### General Meetings

Don't miss our **March 26th** meeting and our very own Gayle Carpenter, Associate Principal. Have you ever wondered what a 7th period class is or how your child ended up with *that* schedule?! Well, come and find out! Ms. Carpenter will be joined by several teachers who will share some of the 7th period opportunities available to PVHS students. There will be tons of information and a Q&A just in time for finalizing those required scheduling forms and student meetings with the counselors! We hope to see you at 9:00am in the MPR!

Remember, **all PTSA General meetings are the 4th Tuesday at 9:00am in the MPR!**

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## **COUNSELING OFFICE NEWS:**

### **ATTENTION PARENTS OF INCOMING FRESHMEN:**

The PVHS counseling office will be holding an Informational Parent presentation on **March 20th at 8:30AM in the MPR**. The purpose of this presentation is to support you and your student in acclimating to our school and its various programs. At this presentation the counselors will review freshmen course selections and program overviews. You will also receive a copy of the PVHS educational planning guide. If you are unable to attend the presentation will be available on our website [www.pvhs.pvpusd.net](http://www.pvhs.pvpusd.net) under the counseling office tab and the educational planning guide will be given to your student at their intermediate school orientations later this month.

We look forward to welcoming you to the Sea King family!

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## **COLLEGE AND CAREER CENTER NEWS:**

**COLLEGE ESSENTIALS TOOLKIT** is for students Grade 9-11 and their parents. It will take place in February - March 2019. All programs will take place in the MPR at 6:30 pm. Whether you're a freshman, sophomore or junior, **it's time to think about college!** Learn how to build the right vision and strategy for you to have the best chance of gaining admission to your **best fit school** with the maximum amount of merit based aid when possible. **SAVE THE FOLLOWING DATES:**

**March 26<sup>th</sup> - Transition to College -What high school students should consider looking forward to their freshman year in college!**

**For more detailed information on the above programs, please [CLICK HERE](#).**

**WORKSHOPS FOR FAFSA AND DREAM ACT** applications are still available through the Financial Aid Office at El Camino. Please [click HERE to view the schedule](#).

### **OUTSIDE OPPORTUNITIES**

**2019 LA BioMed SUMMER FELLOWSHIP PROGRAM** provides LA County **graduating high school seniors and high school juniors** the opportunity to work in a biomedical research environment. Selected students will spend eight weeks assisting their assigned mentors, who are accomplished medical scientists involved in cutting edge biomedical research. **Fellowships begin on Monday, June 17th, 2019 and continue through Friday, August 9th, 2019.** Students will work full time and receive a total stipend of \$2,200. Students will be selected on the basis of merit. Further details about this opportunity can be found online at <https://labiomed.org/hssfp> . To apply, go to <http://labiomed.org/summer-fellowship-application> . **Applications are due no later than March 20, 2019.**

**GIRLS WHO CODE** is a free introductory summer immersion computer science program for girls going into their junior or senior year of high school. During a seven week program, participants learn about computer science, gain exposure to tech jobs, and join a national sisterhood of girls who are using computer science to become change-makers. This program is hosted at major tech companies across the United States, so girls get a firsthand look at what it's like to work in computing and are able to envision their own futures in this field. For further information, please click on the following website:<https://girlswhocode.zendesk.com/hc/en-us/categories/202681357-Summer-Immersion-Program->

**USC LAWRENCE ELLISON INSTITUTE for TRANSFORMATIVE MEDICINE** is a free summer program to foster scientific achievement for rising high school seniors interested in clinical or research oncology. This program attempts to foster scientific education by incorporating hands-on experimentation in a collaborative environment. **Applications will be accepted through April 5, 2019.** The program will begin on June 11th and requires the students to commit 6 hours each weekday until June 28th at the Health Science Campus of USC. You can learn more about their Institute and program at <https://ellison.usc.edu/jrfellows/>

**2019 GREATER LOS ANGELES NACAC COLLEGE FAIR** will take place on **Tuesday, April 9, at the Pasadena Convention Center** from 9:00 am – 1:00 pm or 6:00 pm – 8:30 pm. Free and open to the public, NACAC fairs connect you to hundreds of colleges and universities in one location. Students may now register prior to the college fair and bring their printed or electronic barcode to the fair. Register at <https://www.gotomyncf.com/Registration/EventSelectForState?StateName=California>

**SCHOLARSHIP OPPORTUNITIES and DEADLINES:**

Please [find here a link to all of the scholarships](#) currently posted on NAVIANCE. Listed below are those **scholarship opportunities that have deadlines through March 31:**

**MARCH 19 - MARY P. WYATT** (\$1,000) – PVHS seniors only; min 3.0 GPA; demonstrates financial need; actively helps others. Applications may be downloaded from Naviance.

**MARCH 20 - NATIONAL CHARITY LEAGUE** (varies) - seniors only; awarded based on financial need, academic performance, extracurricular activities including community service. Scholarship RENEWABLE for each year in college.

**MARCH 20 - PVP ROTARY CLUB SCHOLARSHIP** (\$3,000) - seniors only; scholarship, leadership, service, and financial aid are deciding factors; will award several scholarships at \$3,000. Applications may be downloaded from NAVIANCE.

**MARCH 21 - CALIFORNIA CREDIT UNION** (\$1,000) - seniors only; must have min GPA of 3.0 and evidence of community/school involvement. To apply log onto <https://www.ccu.com/educators/school-employees/scholarships-grants/1000-college-scholarship-program> Applications may also be downloaded from Naviance.

**MARCH 21 - PVP COUNCIL OF PTSAs** (\$1,000) - seniors only; **MUST be a PTSA member at least 30 days prior to the deadline** and complete an essay of 350 words max to describe "In what way has the PTA influenced your life?" Applications may be downloaded from Naviance.

**MARCH 21 - PVP LION'S CLUB** (\$500 - \$1000) – seniors only; consideration will be given to academic achievement (min. GPA of 3.0), service to others, leadership, financial need and a strong desire/plan for further education/professional focus. Applications may be downloaded from Naviance.

**MARCH 22 (extended deadline) - PEF SENIOR SCHOLARSHIP PROGRAM** (\$1,500) – seniors only; must be currently enrolled in the PVPUSD and maintained enrollment for two years prior to graduation; need to write a maximum 500 word essay on the following topic "How has PEF funding enhanced students' educational experience?" To apply, log onto <https://www.surveymonkey.com/r/PEF2019>.

**MARCH 22 - ANDREW SAKURA MEMORIAL** (\$1,000) - for male seniors only at PVHS; application includes an essay on one of three prompts relating to friendship. Applications may be downloaded from Naviance.

**MARCH 22 (extended deadline) - PV JUNIOR WOMEN'S CLUB SCHOLARSHIP** (varies) - seniors only; awarded primarily on financial need with a secondary emphasis on academic achievement, community service and extracurricular activities. To apply log onto <https://www.pvjuniors.org/scholarships/>. Applications may also be downloaded from Naviance.

**MARCH 22 (extended deadline) - SEAN HEFFERNAN MEMORIAL** (\$1,000) – graduating senior who shows academic achievement, community service; must include original artwork (includes photography, poem, writing, sculpture, etc.) and an essay on caring. Applications may be downloaded from Naviance.

**MARCH 26 - ILWU - INTERNATIONAL LONGSHORE and WAREHOUSE UNION** (\$500) - Four scholarships will be awarded to PVHS students; application includes an essay on labor leader Harry Bridges. Applications may be downloaded from Naviance.

**MARCH 27 - CATHAY BANK SCHOLARSHIP PROGRAM** (\$1,000) – for local high school seniors who reside in CA, WA, IL, NV, MD, TX, NY, or NJ and plan to attend a U.S. accredited 4–year college or community college in those states; must have a min. unweighted GPA of 3.0 and household income at or below CA State low income level; scholarship is open to ALL majors and there is NO ETHNICITY REQUIREMENT. To apply, log onto [www.apcf.org/2019-cathay-bank-scholarship-program](http://www.apcf.org/2019-cathay-bank-scholarship-program).

**MARCH 27 - MEGA BANK SCHOLARSHIP PROGRAM** (\$1,000) – for local high school seniors who reside in Los Angeles County and Orange County who plan to attend a U.S. accredited 4–year college or CA community college; must have a min. unweighted GPA of 3.0 and household income at or below CA State low income level; scholarship is open to ALL majors and there is NO ETHNICITY REQUIREMENT. To apply, log <http://www.apcf.org/2019-mega-bank-scholarship-program/>.

**MARCH 27 - ROYAL BUSINESS BANK SCHOLARSHIP PROGRAM** (\$1,000) – for local high school seniors who reside in Los Angeles, Orange or Ventura Counties and plan to attend a U.S. accredited 4–year college or CA community college; must have a min. unweighted GPA of 3.0 and household income at or below CA State low income level; scholarship is open to ALL majors and there is NO ETHNICITY REQUIREMENT. To apply, log onto <http://www.apcf.org/2019-royal-business-bank-scholarship-program/>.

**MARCH 27 - TAIWANESE AMERICAN SCHOLARSHIP FUND** (\$2,500) – students must be a high school senior, a U.S. citizen AND a direct blood descendant of a Taiwanese citizen; plan to attend a university in Fall 2019; have an unweighted GPA of 3.0; have a household income at or below the Federal/State/County low income level. To apply, log onto [www.tascholarshipfund.org/2019-tasf-scholarship-overview/](http://www.tascholarshipfund.org/2019-tasf-scholarship-overview/).

**MARCH 28 - PVHS ALUMNI SCHOLARSHIP** (\$500) – PVHS seniors only; short application and an essay not to exceed two pages about contributions you have made to the Sea King Community and your plans to support involvement of PVHS Alumni with PVHS/PV Community. Applications may be downloaded from Naviance.

**MARCH 29 - PVFA SCHOLARSHIP** (\$1,000) - awards scholarship to a graduating senior whose parent is a member of the Palos Verdes Faculty Association. Student must be enrolled in an accredited school of higher education as a full-time student OR as a candidate for an approved credential or degree program for the teaching profession. Applications may be downloaded from Naviance. **DEADLINE: MARCH 29, 2019**

**MARCH 30 - SUSAN PAVELKA SCHOLARSHIP FOR JOURNALISTIC EXCELLENCE** (\$500) – for a college-bound senior who has participated and excelled in Palos Verdes High School journalism. Candidates are eligible to apply after fulfilling a minimum of two consecutive years as a leader/writer in one or more of these journalism programs: yearbook, literary magazine, newspaper, podcast or broadcast news. Applicants are judged based on leadership, writing and character along with two written entries publications/broadcasts. Applications may be downloaded from Naviance. **DEADLINE: MARCH 30, 2019**

**MARCH 31 - JAEL ERNEST TSUJIMOTO** (\$2,000) – seniors only; must be of Japanese-American ancestry and planning to pursue an undergraduate/graduate degree in the STEM fields: Science, Technology Engineering and Math. To apply, log onto [http://www.southbayjacl.org/scholarship\\_sb.html](http://www.southbayjacl.org/scholarship_sb.html). Applications may also be downloaded from Naviance

**MARCH 31 - JACL GARDENA VALLEY** (\$500 - \$1,000) – seniors only; must be of Japanese-American ancestry; min 2.5 GPA; emphasis on Japanese American community involvement and volunteerism. To apply, log onto [http://www.southbayjacl.org/scholarship\\_sb.html](http://www.southbayjacl.org/scholarship_sb.html). Applications may also be downloaded from Naviance.

**MARCH 31 - JACL JANICE KOBATA ZOEGER MEMORIAL** (\$500 - \$1,000) - seniors only, must be of Japanese-American ancestry and planning to pursue a degree in any field relating to biological sciences, foreign or ancient language or business. To apply, log onto [http://www.southbayjacl.org/scholarship\\_sb.html](http://www.southbayjacl.org/scholarship_sb.html). Applications may also be downloaded from Naviance.

**MARCH 31 - JACL KIICHI EGASHIRA MEMORIAL** (\$500 - \$2,000) - seniors only; must be of Japanese-American ancestry and planning to pursue a degree in physical or biological sciences, engineering or mathematics. To apply, log onto [http://www.southbayjacl.org/scholarship\\_sb.html](http://www.southbayjacl.org/scholarship_sb.html). Applications may also be downloaded from Naviance.

To access more information on these scholarships, please log onto NAVIANCE. Click on the COLLEGES tab and then scroll down to SCHOLARSHIPS and MONEY. Click on SCHOLARSHIP LIST. At this point, select the scholarship of interest. In many cases, you will be directed to a website for the application. In other instances, you may be able to download the application directly from NAVIANCE. Should you have any questions, please contact Teresa Hoffman in the College and Career Center, Room 318.

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## **SPORTS NEWS**

### **FOOTBALL**

For ALL those interested in playing Football this coming season, there is a mandatory meeting **Wednesday April 10th** at Lunch in the Gym- Go Sea Kings!

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### **HOME GAMES:**

Tues. 3/19 Boys' Varsity Lacrosse vs. La Costa Canyon @ 3:30pm

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Wed. 3/20 Boys' Lacrosse vs. Agoura: V@3:30pm, JV@5:15pm

Wed. 3/20 JV Baseball vs. Mira Costa @ 3:15pm

Wed. 3/20 FS Baseball vs. Mira Costa @ 3:15pm (George Allen Fld)

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Thurs. 3/21 Softball vs. Serra @ 3:15pm

Thurs. 3/21 Boys' JV Tennis vs. Redondo @ 2:30pm

Thurs. 3/21 Boys' Varsity Golf vs. Torrance @ 3pm (PVCC)  
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Fri. 3/22 Boys' Lacrosse vs. Chaminade: V@3:30pm, JV@5:15pm

Fri. 3/22 Varsity Baseball vs. Nira Costa @ 3:15pm  
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Sat. 3.23 JV Baseball vs. Hart @ 11am